

AFTER~CARE

After Care Instructions

The principle of icing a wound is to reduce inflammation and swelling, tricking the brain to think that the damage is being controlled, hence the brain doesn't continue reactivating the cascade of the body's healing warriors including histamine, coagulation factors etc., so the end results will be a faster inflammation reduction, less pigment dilution by the lymphatic extra cellular fluid (macrophage) and thinner scabbing (always the goal).

- Apply cold ice packs to the just bladed brows, accompanied by a bit of pressure to close the tiny wounded capillaries and to stop the lymph fluid from forming scabs.
- Client should gently blot brows with clean, tissue paper to remove any fluid that may or may not ooze from the brow. The client is to do this approximately every 5 minutes for the first couple of hours or until any fluid oozing from brow has completely stopped (1-2 hours). The idea is to stop any scabs from forming and pulling the pigment from the brow.
- Client is to gently wash the brows mornings and evenings beginning with the evening of the procedure, using sterile water for the first 24 hours, and a gentle cleanser such as cetaphil or Cerave (DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants) use clean fingertips and gentle strokes in the same direction of hair growth. Do not rub. Rinse brows by using a cloth dampened with the sterile water. Again, do not rub. This is to be done outside of the shower.
- If using ointment or moisturizer, apply no more than a rice grain amount spread out on brow. Ointment should be barely visible.
- Client absolutely must NEVER pick at any scabbing or flaking of eyebrows as they heal. This will cause loss of pigment and create a patchy color.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks after procedure
- Client should avoid any exercise or extreme sweating for at least 10 days.
- Client should avoid hot water on the brows or long hot showers for the first 10 days.
- Client should avoid swimming of any kind until eyebrows are completely healed.
- No makeup or any kind of powder on the eyebrows for at least 2 weeks.
- No scratching or picking. If itching occurs, Bactine may be used to provide some relief
- Avoid make up and sunscreen for first 2 weeks.
- Once brows have healed it is recommended to always use sunblock on brows when in the sun. Sun exposure will cause premature fading of pigments.